



## **AGENDA**

### **The Future of Inpatient Diabetes Care**

**Wednesday, 19 April 2017**

**17:00 – 18:30**

**House of Commons, Committee Room 12**

#### **1. Introduction, Mr Keith Vaz MP, Chair of the APPG for Diabetes.**

Mr Vaz is a passionate advocate for improving diabetes care and access to diabetes services. He actively works to keep diabetes at the forefront of the government's agenda and generously lends his time to the work of the APPG.

Today's meeting is part of our inquiry into the future of inpatient diabetes care and will focus on the measures hospitals should adopt to improve the experience of people with diabetes in hospital. The APPG will hear from experts in the field on why change is needed, the challenges remaining and potential solutions to improve inpatient diabetes care.

#### **2. Lesley Doherty, patient voice, Cheshire (East)**

Lesley was diagnosed with Type 1 diabetes nearly 20 years ago. Lesley was surprised by a recent stay in hospital, for treatment unrelated to diabetes, at the lack of knowledge on general hospital wards in managing diabetes. Talking with hospital staff before her discharge, nurses explained that basic diabetes care was not yet generally included in their training. Lesley is passionate about managing her own diabetes effectively and believes support is needed to avoid patients becoming an additional cost burden to the NHS.

#### **3. Gerry Rayman, Lead, National Diabetes Inpatient Audit**

Gerry Rayman is Head of Service at the Diabetes and Endocrine Centre, and the Diabetes Research Unit at Ipswich Hospitals NHS Trust. He contributes to research into complications of diabetes, particularly foot complications.

His interests include new technologies in diabetes care including methodologies for early detection of diabetic neuropathy and continuous glucose sensing methodologies. He is actively involved in diabetes service delivery, patient education, and medical education.

Gerry has been the National Clinical lead for diabetes in-patient care and foot disease at NHS Diabetes. He was the innovator and is lead of the National Diabetes Inpatient Audit and has developed a number of new service initiatives to reduce harm to inpatients with diabetes. He is a member of the Joint British Diabetes Societies guideline development group and is on the committee of the ABCD.

He is Specialist Advisor to Diabetes UK and immediate past President of the Endocrine and Diabetes Section of the Royal Society of Medicine. He has lead the Diabetes UK's 'Putting Feet First' campaign and has contributed to NICE guidelines on the diabetic foot, CG10 and CG119, and NG19. He contributed to NCPOD's Lower Limb Amputation report and is involved in NCPOD's current initiative into Perioperative Diabetes Care. He has recently been appointed chair of Diabetes UK's Clinical Study Group for inpatient diabetes.

#### **4. Dr Mayank Patel, Consultant Diabetologist, University Hospital Southampton**

Dr Mayank Patel has worked as a Consultant Physician in Diabetes and Acute Medicine at University Hospital Southampton since 2008. He completed his specialist clinical training in Wessex. Since starting as a Consultant, he has overhauled and developed the trusts adult inpatient diabetes service and worked with commissioners to bring new adult insulin pump and diabetic multidisciplinary foot clinics to the trust.

Mayank also contributes to medical undergraduate and postgraduate diabetes training, as well as regularly delivering diabetes teaching sessions to patients, public and other healthcare professionals in primary and secondary care. He co-developed 'Microguide DiAppbetes', a smartphone application to help HCPs managing people with diabetes. He has a keen interest in diabetes education and was awarded the Quality in Care awards 2015 award for Outstanding Educator in Diabetes'. Mayank also co-developed the Diabetes Best Practice MSc with the University of Southampton, which has been run since 2015. He is also the co-creator of the Type 1 Diabetes comic ("Origins").



#### **5. Dr Kath Higgins, Consultant in Diabetes Medicine, University Hospital of Leicester NHS Trust**

Dr Kath Higgins MBChB, PhD, FRCS, FHEA is a consultant in Diabetes Care in University Hospitals of Leicester NHS Trust (UHL). She trained in Sheffield qualifying in medicine in 1994 and completed her specialist training in Leicester. She was appointed as a Consultant in Acute Medicine in 2007 and in Diabetes Care in 2009 working part-time in each post. Her specialist interests are in Adult Inpatient Diabetes Care, Diabetes Foot Care and Transition Diabetes Care. In 2015 Kath was appointed as Head of Service for Metabolic Medicine.

Kath has a passionate interest in improving quality of care for inpatients with diabetes and Chairs the UHL Diabetes Inpatient Safety Committee. Her leadership of this group has resulted in demonstrable improvements in care quality, a UHL CQUIN (2014-16) in Inpatient Diabetes care, Insulin Safety being incorporated in the UHL Quality Commitment 2016/17, a Listening into Action project "Insulin: Error prevention: our #1 intention" and adoption of a trust wide Strategy for the Safe Use of Insulin. Kath also leads one of the only MSc level modules in Inpatient Diabetes care, University of Leicester, Diabetes MSc course.

She has raised the profile of the UHL Inpatient Diabetes clinical team both locally and nationally and presented at national meetings on this topic. More recently Kath has been invited to join the Joint British Diabetes Societies Inpatient group.

#### **6. Prof Mike Sampson, Chair, JBDS - IP**

Professor Mike Sampson has been a full time Consultant Diabetologist/Endocrinologist at NNUHFT (Norwich) since 1994 and Chair Diabetes of the UEA since 2007. He is the Chair of the UK Joint British Diabetes Societies since 2011, Chair of the Norfolk Diabetes Network since 2003, Chair of the EoE AHSN Diabetes Group since 2013 and East of England DRN Deputy Director and CRN diabetes specialty lead since 2008.

He has been previously in training and research posts at Kings College & UCL. He was the Clinical Director for Diabetes at NNUHFT (1997 to 2011), Chair of the East of England NHS Diabetes Network (2009 to 2013), Inpatient diabetes lead and DH NSF strategic board (2006 – 2009), Member Diabetes UK Research Committee (2009 – 2012) and Diabetes UK Research Fellowships and small grants committees (2009 -2013).

He has had significant external grant income (£4.3M) from Diabetes UK and NIHR project and programme grants, mostly as Chief investigator, most recently as CI for the NIHR Programme Norfolk Diabetes Prevention Study (NDPS), the largest current Type 2 diabetes prevention trial in the UK which reports in 2018, and of DIPSAT, the Diabetes UK funded assessment of UK inpatient diabetes treatment satisfaction, psychometrically validated for multiple language groups and ethnicities. The UK Joint British Diabetes Societies (JBDS) has produced 16 nationally adopted multidisciplinary care improvement guidelines on all aspects of inpatient diabetes care in the UK since 2011, which have been adopted by over 90% of UK Trusts. Since 2014, the JBDS has succeeded in working with the CQC to ensure inpatient diabetes is one of the few disease specific areas that form part of a CQC Acute Trust inspection, and that assessing inpatient diabetes care in an Acute Trust will be one element of a CQC Acute Trust inspection.

#### **7. Dr Partha Kar, Associate National Clinical Director, Diabetes, NHS England**

Dr Partha Kar has been a Consultant in Diabetes & Endocrinology at Portsmouth Hospitals NHS Trust since 2008. He has been the Clinical Director of Diabetes from 2009-2015, being part of a multiple national award-winning department (HSJ Awards / BMJ Awards) due to its services and care provided.

One of his main areas of passion is in helping to redesign diabetes care in an attempt to integrate chronic disease management across primary and secondary care. He is the pioneer of the Super Six Diabetes Model which aims to deliver diabetes care differently. He is an avid user of social media such as twitter (@parthaskar) to engage with patients - and been recognised as a "Social media Pioneer" by HSJ in 2014. Recent innovations have involved the Hypoglycaemia Hotline, which was recognised in the Guardian Healthcare Awards 2013.

He is also the co-creator of TAD talks (Talking About Diabetes) and the Type 1 Diabetes comic ("Origins")- while also involved in setting up a Type 1 Diabetes information portal (T1resources.uk). He is also Associate National Clinical Director, Diabetes with NHS England leading on digital innovation.

#### **8. Questions and Group Discussion**