



Invitation to submit written evidence on:

Emotional and Psychological Support for people with Diabetes

Deadline for responses: Midnight, 1 April 2018

About the report and call for written evidence:

The APPG wants to hear about the psychological support available to people with diabetes and their families. We want to better understand the importance of this service for diabetes self-management and what can be done to improve the support available.

Your feedback will help the APPG to produce its report and make its recommendations about this issue.

Guidance for all written evidence:

We are very grateful to those who help our inquiry by submitting evidence. We will be much better able to use your work if your submission:

- Is a single Word document – or is in a format readable by Word.
- Clearly states who the submission is from and if it is in an organisational or personal capacity and your location.
- Begins with a short summary in bullet point form.
- Is limited to 1,000 words.

Written evidence may be referenced in the final report. If you wish for your evidence to be anonymous please make this clear.

Submissions should be emailed to Diabetes-APPG@outlook.com with the subject “APPG Written Evidence Submission – YOUR NAME/ORGANIZATION”.

Guiding questions:

Please note that these questions are for guidance only and should be viewed as a starting point for submissions rather than a restriction upon them.

1. For healthcare professionals:

- Through your personal experience, is there enough support for the emotional and psychological needs of people with diabetes and those caring for them?
 - Do you believe psychological support is a key component for achieving treatment targets?
- To the best of your knowledge, how are support services delivered in your area? Please share any example of good/bad practice.
 - Are diabetes professionals given enough training in the psychosocial aspects of diabetes and how to support people to manage these?
 - What is the role of the diabetes team in delivering this service?
 - Do existing mental health services have knowledge of diabetes?
 - Is emotional support included within structured education and care planning?
 - Are there clear referral pathways for people with diabetes who experience psychological distress?
- What are the key issues and barriers to providing psychological support to people with diabetes and those caring for them? E.g. securing funding for specialist psychological support.