



**Invitation to submit written evidence on:**

**Emotional and Psychological Support for people with Diabetes**

Deadline for responses: Midnight, 1 April 2018

**About the report and call for written evidence:**

The APPG wants to hear about the psychological support available to people with diabetes and their families. We want to better understand the importance of this service for diabetes self-management and what can be done to improve the support available.

Your feedback will help the APPG to produce its report and make its recommendations about this issue.

**Guidance for all written evidence:**

We are very grateful to those who help our inquiry by submitting evidence. We will be much better able to use your work if your submission:

- Is a single Word document – or is in a format readable by Word.
- Clearly states who the submission is from and if it is in an organisational or personal capacity and your location.
- Begins with a short summary in bullet point form.
- Is limited to 1,000 words.

Written evidence may be referenced in the final report. If you wish for your evidence to be anonymous please make this clear.

Submissions should be emailed to [Diabetes-APPG@outlook.com](mailto:Diabetes-APPG@outlook.com) with the subject “APPG Written Evidence Submission – YOUR NAME/ORGANIZATION”.

**Guiding questions:**

*Please note that these questions are for guidance only and should be viewed as a starting point for submissions rather than a restriction upon them.*

**1. For people with diabetes**

- Through your personal experience, how does living with diabetes affect your emotional wellbeing, and how does your emotional wellbeing affect your diabetes management?
  - Does diabetes negatively impact on your wellbeing?
- To the best of your knowledge, what kinds of support are available in your area? What is your experience accessing or attempting to access those services?
  - Have you been signposted to a group or peer support service?
  - Does your diabetes team work with you in a way that takes into account the emotional and psychological aspects of living with diabetes?
  - If you have needed it, have you been offered psychological support from a mental health professional who understands diabetes?
- In your opinion, what kind of services should be available for the emotional and psychological support of people with diabetes?